



# TURN AUTISM AROUND®

## BOOK RESOURCES

I've put together a complete list of resources found in the book! We may update these resources so please bookmark this page to reference in the future.

**Don't Own the Book Yet?**  
**Click to Read Chapter 1 PDF**



**Listen to Chapter 2**  
**Click to Hear Chapter 2 Audio**



## CHAPTER 1

**Early Signs of Autism Are an Emergency – So Why Are We Waiting?**



**Chino Pre-Intervention**



**Chino 1 Year Later**

## CHAPTER 2

**Is it Autism, ADHD, or “Just” a Speech Delay?**

**CDC Act Early Milestones**  
**M-CHAT**

## CHAPTER 3

**Keep Your Child Safe at Home, at School, and in the Community**

**Keeping Your Child Safe Video**

## CHAPTER 4

An Easy Assessment to Figure Out Your Starting Point

Free Digital Assessment App  
Assessment Form (Blank)  
Assessment Form (Sample)  
Self Care Checklist  
Directions for Recording Video 1 and 2  
Language Sample (Blank)  
Language Sample (Sample)

## CHAPTER 5

Gather Materials and Make a Plan

Planning Form (Blank)  
Planning Form (Sample)  
List of Materials  
Bribery vs. Reinforcement Graphic

## CHAPTER 6

Stop the Tantrums and Start the Learning

ABC Form (Blank)  
ABC Form (Sample)  
Calendar Data Sample

## CHAPTER 10

Solve Picky Eating

Self-Care Checklist Feeding  
Food Journal  
Food List (Blank)  
Food List (Sample)

## CHAPTER 11

Stop Playing Musical Beds: Solving Sleep Issues

Sleep Assessment  
Sample Bedtime Checklist  
Bedtime Routine Form (Blank)  
Bedtime Routine Form (Sample)

## CHAPTER 12

Dispose of the Diapers

Self-Care Checklist Potty

## CHAPTER 13

Desensitize Doctor, Dentist, and Haircut Visits

Haircut Task List

## CHAPTER 14

Become Your Child's Best Teacher and Advocate for Life

Four Steps of the Turn Autism Around® Approach

## GLOSSARY

Glossary of Terms  
Saving a Fillable Form

JOIN OUR ONLINE COURSE & COMMUNITY!