



Turn Autism Around® Book Resources

by Dr. Mary Barbera

I've put together a complete list of resources found in the book! We may update these resources so please bookmark this page to reference in the future.

Don't Own the Book Yet?

[Click to Read Chapter 1 PDF](#)

Listen to Chapter 2

[Click for Chapter 2 Audio File](#)

CHAPTER 1: Early Signs of Autism Are an Emergency – So Why Are We Waiting?

[Chino Baseline Video](#)

[Chino Video 1 Year Later](#)

CHAPTER 2: Is it Autism, ADHD, or “Just” a Speech Delay?

[CDC Act Early Milestones](#)

[M-CHAT](#)

CHAPTER 3: Keep Your Child Safe at Home, at School, and in the Community

[Keeping Your Child Safe Video](#)

CHAPTER 4: An Easy Assessment to Figure Out Your Starting Point

[Free Digital Assessment App](#)

[Assessment Form \(Blank\)](#)

[Assessment Form \(Sample\)](#)

[Self Care Checklist](#)

[Directions for Recording Video 1 and 2](#)

[Language Sample \(Blank\)](#)

[Language Sample \(Sample\)](#)

CHAPTER 5: Gather Materials and Make a Plan

[Planning Form \(Blank\)](#)

[Planning Form \(Sample\)](#)

[List of Materials](#)

[Bribery vs. Reinforcement Graphic](#)



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CHAPTER 6: Stop the Tantrums and Start the Learning

[ABC Form \(Blank\)](#)

[ABC Form \(Sample\)](#)

[Calendar Data Sample](#)

CHAPTER 10: Solve Picky Eating

[Self-Care Checklist Feeding](#)

[Food Journal](#)

[Food List \(Blank\)](#)

[Food List \(Sample\)](#)

CHAPTER 11: Stop Playing Musical Beds: Solving Sleep Issues

[Sleep Assessment](#)

[Sample Bedtime Checklist](#)

[Bedtime Routine Form \(Blank\)](#)

[Bedtime Routine Form \(Sample\)](#)

CHAPTER 12: Dispose of the Diapers

[Self-Care Checklist Potty](#)

CHAPTER 13: Desensitize Doctor, Dentist, and Haircut Visits

[Haircut Task List](#)

CHAPTER 14: Become Your Child's Best Teacher and Advocate for Life

[Four Steps of the Turn Autism Around® Approach](#)

GLOSSARY

[Glossary of Terms](#)

[Saving a Fillable Form](#)

NEXT STEP

[Join Our Online Course & Community!](#)